

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: SCWR

Coachinfo: Warming up from: 08:00 untill 09:25. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Lejeune Yves HEADCOACH

Coaches: Lejeune Melanie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M MEDLEY WOMEN 11+ Heat:6, starttime: 09:40

Heat: 6/8 Lane : 3 Athlete: MASAITE MILDA Q-time: 01:14:09

PB (25m pool): 01:14.09 Hannuit 28/03/2026 PB (50m pool): no time SB: 01:14.09 Hannuit 28/03/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.09	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+ Heat:7, starttime: 09:42

Heat: 7/8 Lane : 6 Athlete: EL MARGOUM INES Q-time: 01:13:97

PB (25m pool): 01:13.97 Hannuit 28/03/2026 PB (50m pool): no time SB: 01:13.97 Hannuit 28/03/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.97	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+ Heat:8, starttime: 09:44

Heat: 8/8 Lane : 4 Athlete: VEDERNIKOVA VERA Q-time: 01:08:41

PB (25m pool): 01:08.41 Vilvoorde 01/03/2026 PB (50m pool): no time SB: 01:08.41 Vilvoorde 01/03/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.41	
	no time				
					

Coach feedback:

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Event number: 1: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 09:44
Heat: 8/8 Lane : 6 Athlete: BUDNAK CAROLINA					Q-time: 01:10:40
PB (25m pool): 01:10.25 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): no time SB: 01:10.40 Hannuit 28/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.51		01:10.25	
	00:33.51		00:36.74		
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:8, starttime: 10:01
Heat: 8/11 Lane : 1 Athlete: BEUSELINCK LIAM					Q-time: 01:13:92
PB (25m pool): 01:13.92 Hannuit 28/03/2026 PB (50m pool): no time SB: 01:13.92 Hannuit 28/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.92	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:8, starttime: 10:01
Heat: 8/11 Lane : 3 Athlete: WAUTERS SACHA					Q-time: 01:12:66
PB (25m pool): 01:12.66 Hannuit 28/03/2026 PB (50m pool): no time SB: 01:12.66 Hannuit 28/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.66	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:10, starttime: 10:04
Heat: 10/11 Lane : 5 Athlete: LASCARACHE CHRISTIAN					Q-time: 01:07:65
PB (25m pool): 01:07.65 Vilvoorde 01/03/2026 PB (50m pool): no time SB: 01:07.65 Vilvoorde 01/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.65	
	no time				
					

Coach feedback:

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Event number: 2: 100M MEDLEY MEN 11+					Heat:10, starttime: 10:04
Heat: 10/11 Lane : 6 Athlete: MASAITIS MANTAS					Q-time: 01:08:94
PB (25m pool): 01:08.94 Hannuit 28/03/2026					PB (50m pool): no time SB: 01:08.94 Hannuit 28/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.94	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:11, starttime: 10:06
Heat: 11/11 Lane : 2 Athlete: GENIN ALEXANDRE					Q-time: 01:02:28
PB (25m pool): 01:02.28 Hannuit 28/03/2026					PB (50m pool): no time SB: 01:02.28 Hannuit 28/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:02.28	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:11, starttime: 10:06
Heat: 11/11 Lane : 5 Athlete: VAN SINTEJAN ROMAIN					Q-time: 01:02:94
PB (25m pool): 01:02.94 Hannuit 28/03/2026					PB (50m pool): no time SB: 01:02.94 Hannuit 28/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:02.94	
	no time				
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 10:14
Heat: 3/4 Lane : 3 Athlete: BEUSELINCK LOUIS					Q-time: 01:52:18
PB (25m pool): 01:50.82 Ciney 29/03/2026					PB (50m pool): no time SB: 01:50.82 Ciney 29/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.77		01:50.82	
	00:53.77 00:57.05				
					

Coach feedback:

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Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 10:46
Heat: 7/7 Lane : 4 Athlete: VEDERNIKOVA VERA			Q-time: 00:30:00
PB (25m pool): 00:30.00 Leuven 12/10/2025			PB (50m pool): 00:30.32 SB: 00:30.00 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:30.00	
		00:30.00	
			

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 10:46
Heat: 7/7 Lane : 5 Athlete: EL MARGOUM INES			Q-time: 00:30:45
PB (25m pool): 00:30.45 ARRAS 29/12/2025			PB (50m pool): 00:31.29 SB: 00:30.45 ARRAS 29/12/2025
	2 5 M	5 0 M	
PB		00:30.45	
		00:30.45	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 10:53
Heat: 5/7 Lane : 1 Athlete: WAUTERS SACHA			Q-time: 00:32:08
PB (25m pool): 00:32.08 Hannuit 28/03/2026			PB (50m pool): 00:32.21 SB: 00:32.08 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:32.08	
		00:32.08	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 10:53
Heat: 5/7 Lane : 5 Athlete: BEUSELINCK LIAM			Q-time: 00:31:31
PB (25m pool): 00:32.36 Temse 17/11/2025			PB (50m pool): 00:31.31 SB: 00:32.36 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:32.36	
		00:32.36	
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 5: 50M BUTTERFLY MEN 11+					Heat:6, starttime: 10:54				
Heat: 6/7 Lane : 3 Athlete: GENIN ALEXANDRE					Q-time: 00:28:34				
PB (25m pool): 00:28.34 Hannuit 28/03/2026					PB (50m pool): 00:29.13 SB: 00:28.34 Hannuit 28/03/2026				
	2 5 M		5 0 M						
PB			00:28.34						
			00:28.34						
									

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+							Heat:6, starttime: 10:54		
Heat: 6/7 Lane : 4 Athlete: LASCARACHE CHRISTIAN							Q-time: 00:28:90		
PB (25m pool): 00:28.90 ARRAS 29/12/2025							PB (50m pool): 00:29.39SB: 00:28.90 ARRAS 29/12/2025		
	2 5 M		5 0 M						
PB			00:28.90						
			00:28.90						
									

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+						Heat:7, starttime: 10:55	
Heat: 7/7 Lane : 4 Athlete: VAN SINTEJAN ROMAIN						Q-time: 00:26:77	
PB (25m pool): 00:26.84 Mons 26/10/2025						PB (50m pool): 00:26.77 SB: 00:26.84 Mons 26/10/2025	
	2 5 M		5 0 M				
PB			00:26.84				
			00:26.84				
							

Coach feedback:

Event number: 6: 100M BUTTERFLY MIXED 10-9					Heat:1, starttime: 10:56	
Heat: 1/1 Lane : 3 Athlete: WAUTERS NATHAN					Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		no time		
	no time					
						

Coach feedback:

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Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 11:20
Heat: 5/6 Lane : 1 Athlete: MASAITE MILDA			Q-time: 00:35:29
PB (25m pool): 00:35.29 Hannuit 28/03/2026			PB (50m pool): 00:36.55 SB: 00:35.29 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:35.29	
		00:35.29	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 11:20
Heat: 5/6 Lane : 3 Athlete: EL MARGOUM INES			Q-time: 00:34:31
PB (25m pool): 00:34.31 Hannuit 28/03/2026			PB (50m pool): no time SB: 00:34.31 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:34.31	
		00:34.31	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 11:20
Heat: 5/6 Lane : 4 Athlete: BUDNAK CAROLINA			Q-time: 00:34:93
PB (25m pool): 00:34.93 Hannuit 28/03/2026			PB (50m pool): 00:48.78 SB: 00:34.93 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:34.93	
		00:34.93	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 11:22
Heat: 6/6 Lane : 1 Athlete: VEDERNIKOVA VERA			Q-time: 00:32:97
PB (25m pool): 00:32.97 Hannuit 28/03/2026			PB (50m pool): no time SB: 00:32.97 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:32.97	
		00:32.97	
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: SCWR

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 11:30
Heat: 5/7 Lane : 4 Athlete: BEUSELINCK LIAM			Q-time: 00:36:23
PB (25m pool): 00:36.23 Hannuit 28/03/2026			PB (50m pool): no time SB: 00:36.23 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:36.23	
		00:36.23	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 11:32
Heat: 6/7 Lane : 1 Athlete: MASAITIS MANTAS			Q-time: 00:34:27
PB (25m pool): 00:34.27 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): no time SB: 00:34.68 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:34.27	
		00:34.27	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 11:32
Heat: 6/7 Lane : 3 Athlete: WAUTERS SACHA			Q-time: 00:32:81
PB (25m pool): 00:32.81 Hannuit 28/03/2026			PB (50m pool): 00:42.91 SB: 00:32.81 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:32.81	
		00:32.81	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 11:34
Heat: 7/7 Lane : 5 Athlete: LASCARACHE CHRISTIAN			Q-time: 00:29:97
PB (25m pool): 00:29.97 Hannuit 28/03/2026			PB (50m pool): no time SB: 00:29.97 Hannuit 28/03/2026
	2 5 M	5 0 M	
PB		00:29.97	
		00:29.97	
			

Coach feedback: